

# KENDAL

Spring 2020

More than a market town – Your newsletter from Kendal Town Council



## Are you interested in becoming an official Mace Bearer?

Due to retirement, we are looking for two people interested in being the Mace Bearers for The Mayor of Kendal. The Mace Bearers are responsible for carrying the maces at our civic events. There are three such events each year – Mayor Making (3rd Thursday in May - evening), Mayor's Sunday (1st Sunday in July - morning) and Remembrance Sunday (2nd Sunday in November - morning). Occasionally there may be a need to attend one off civic events. This position comes with a uniform and is paid at a fixed rate per event. Our current Mace Bearers Arthur and Chrissie Sinker have been in post 15 years and we are most grateful to them for their service over so many years. If you are interested in the position please contact Liz Richardson, Town Clerk via the main office on **01539 793490** or [office@kendaltowncouncil.gov.uk](mailto:office@kendaltowncouncil.gov.uk)

## A new home for Katherine Parr's prayer book!

As part of its drive to ensure that the items in its collection are preserved as well as possible for the people of Kendal, the Town Council has recently improved how we store Katherine Parr's Prayer Book (officially known as, Katherine Parr's Book of Devotions). The original storage box has been replaced with a custom made, fully lined leather-bound box by a specialist craftsman, Julian Thomas. The box houses the Book of Devotions in an acid-free mount that ensures it is not damaged by movement or any kind of

pollution. The Book, in its new box, is stored in the Mayor's Parlour in the Town Hall and it and all the other heritage items in the Parlour can be viewed by arrangement.

Simply contact Flo McMahon at the Kendal Town Council office on **01539 793490** or by emailing [office@kendaltowncouncil.gov.uk](mailto:office@kendaltowncouncil.gov.uk)



## Council Meeting Dates

Full Council meetings take place on the first Monday of each month and are open to the public. Forthcoming dates are 6th April, 4th May and 1st June.

# Could you be the hero next door?



Community First Responders (CFRs) are recruiting in the Kendal area, including Oxenholme and Natland. CFRs respond, on a voluntary basis,

to medical collapses (not road traffic incidents) in their area before an ambulance arrives. They are trained in cardio-pulmonary resuscitation

(CPR), oxygen therapy and the use of a defibrillator. In a cardiac arrest prompt intervention by CFRs can, and has, saved lives. The North West Ambulance Service provides comprehensive free training, support and guidance for all CFRs. You need to be over 18, able to drive, and pass a Disclosure and Barring Service (DBS) check.

If you are at all interested you can get further information online at [www.nwas-responders.info](http://www.nwas-responders.info), or you can call Martin Smith, Team Leader of Endmoor and District CFRs on **015395 67453 / 07388 939762** or email [martinsmith@kencomp.net](mailto:martinsmith@kencomp.net)

## ‘With Singing In Mind’



Launched in April 2015 with support from Kendal Town Council, With Singing In Mind (WSIM) meet every week to provide singing & musical activities for anyone who has developed a

neurodegenerative condition such as Motor Neurone Disease, Dementia, Stroke, M.S or Parkinson’s disease.

It is well known that singing in particular, triggers reactions from

almost all areas of the brain and connects us to our deepest feelings and experiences. The aim of ‘With Singing In Mind’ is to provide a truly enriching time for all those who attend, clients and carers alike.

Run by volunteers, the sessions contrast the repetition of familiar well loved songs with the variety and challenge of the new. Sessions are full of warmth, fun, laughter, delight, and socialising.

The group meets every Monday afternoon at Hallgarth Community Centre 1:30pm—3:30pm and will be pleased to welcome anyone who has acquired and now lives with a neurological condition, along with their carer or a family member.

Further details can be obtained by contacting Eddie Harrison **07887713205** or by e-mailing [wsim1300415@gmail.com](mailto:wsim1300415@gmail.com).

## VE Day commemorations

Kendal Town Council are working with the Royal British Legion and other interested groups in Kendal to organise VE Day Commemoration event(s) from

the 8th to the 10th May, now the early May Bank Holiday weekend. The Town Council have earmarked funding for the event. We will publicise details once

these are known on our website [kendaltowncouncil.gov.uk](http://kendaltowncouncil.gov.uk) and through media releases.

# Kendal in Bloom 2020



Kendal Town Council are proud to announce the launch of the Kendal in Bloom initiative for 2020. We would like to encourage all community groups, home owners, organisations, schools, like-minded people and businesses to get involved and improve the local area. It doesn't matter if the project is big or small.

Some things to consider:

- Does your project have a positive impact on the local area?
- What new skills have you or your group learnt from taking part in the project?
- Can this area or project be developed over time?

**The closing date for entries is Friday 29th May 2020**

All participants in Kendal in Bloom are invited to attend an evening of celebration in November. This evening provides an opportunity for the Town Council to show its appreciation to everyone who has taken part during the year.

For more information please contact Janine Holt on [allotments@kendaltowncouncil.gov.uk](mailto:allotments@kendaltowncouncil.gov.uk) or telephone **01539 793495**



## Kendal Town Council Precept for the year 2020/21

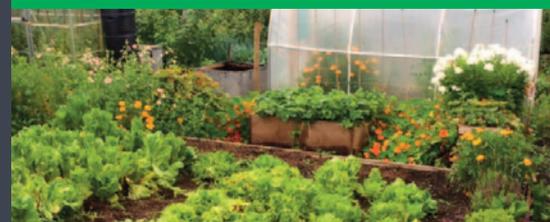
At the Kendal Town Council meeting held on 6th January 2020, Members discussed the Budget for the Financial Year 2020/21. Council voted in favour of an annual £3.79 rise in the Kendal Town Council element of the annual Band D Council Tax for Kendal residents.

The majority of the increase is to contribute funding towards enhancements to the Environment Agency Flood Relief Scheme. This is seen as a project of critical importance for the town, both now and for many years to come. Other priorities include support for Biodiversity plans, either through

direct Council projects or to support third party activities.

The Mayor of Kendal, Councillor Alvin Finch commented "Kendal Town Council recognises the importance of providing value for money for Kendal residents. This rise is less than 8p per week for a Band D household and our precept remains lower than many of the other towns within South Lakeland. The flood relief scheme is of major importance for Kendal and I am delighted that Kendal Town Council approved funds to enhance the current Environment Agency proposals."

## Biodiversity on allotments Working with nature on your allotment



At the September meeting of the Allotments Committee it was agreed that we would like to move to a more diverse approach towards allotmenting and encourage biodiversity on allotments. It is recognised that keeping an allotment is at the frontline in maintaining biodiversity. A small working group has been established to develop a strategy for managing allotments in a more biodiverse way.

For more information please contact [allotments@kendaltowncouncil.gov.uk](mailto:allotments@kendaltowncouncil.gov.uk)

# Twinning Association

The Kendal Rinteln Association (KRA) was formed in 1992 by Kendal Town Council to establish twinning links between Kendal and Rinteln situated in Lower Saxony, Germany. The Mayor of Kendal and Town Councillors are actively involved in the KRA to promote links with Rinteln. The Mayor often visits annually to attend one of the many festivals.

The Association, together with a similar organisation in Rinteln, facilitate visits to our twin towns. All members of the association are invited to become involved in local publicity and social events and it's hoped Rinteln Friends will participate in Kendal's Torchlight Procession in 2020.

There have been many successful exchanges between the towns including sports, music and arts groups, student placements and general visits. Kendal Concert Band has played at Rinteln's summer festivals and choirs have given concerts in halls and churches in Rinteln. In 2018 a visit was organised to the Christmas markets in and around Rinteln and we hope to visit again in 2020. Many of the groups visiting Rinteln have been hosted by local people and often hosting leads to long-



lasting family friendships. Accommodation can also be arranged at hotels, youth hostels and campsites.

We are looking to recruit new volunteers to help take KRA to its 30th anniversary in 2022 and beyond. If you are interested in getting involved as an

individual or as representative of a social or sporting club, we would be pleased to hear from you at [chair@kendal-rinteln.co.uk](mailto:chair@kendal-rinteln.co.uk). More information can be found on the Association's Facebook page or Website ([www.kendal-rinteln.co.uk](http://www.kendal-rinteln.co.uk)).

## Annual Town Assembly

Come along and join us for the presentation of the Annual Report for 2019/20. The presentation is followed by question time and tea, coffee and biscuits will be served. Everyone is welcome.

**Monday 6 April 2020 at 7.15 pm – 8.00 pm**  
**Bindloss Room, Kendal Town Hall**

## Grants available for small start-up events or festivals

We currently have up to £500 funding available for start-up events and festivals within the boundary of Kendal. These grants can be utilised for a number of community events e.g. an Easter egg trail or summer holiday activities. All applications will be considered by the Christmas Lights and Festivals Committee when they meet in March. An application form and criteria can be found at [www.kendaltowncouncil.gov.uk/310-2](http://www.kendaltowncouncil.gov.uk/310-2)

The deadline for the submission of applications is Friday 20th March 2020. All completed applications are to be forwarded to [office@kendaltowncouncil.gov.uk](mailto:office@kendaltowncouncil.gov.uk)



# Schools of Science & Art Grant Award to Sandgate School



Following the bequest of the late, former Councillor Chris Mayo, the Trustees of the Schools of Science & Arts (Kendal Town Councillors) awarded a grant of £3,500 to Sandgate School in June 2019. This grant aims to support the provision of music therapy at the school. Chris Mayo was a strong supporter and advocate of schools for young people with learning needs and disabilities.

The grant has enabled the school to deliver three music projects. Class based music sessions focused on

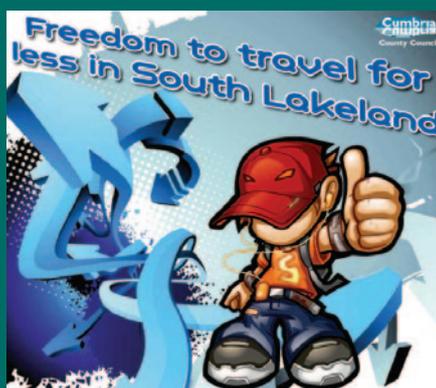
developing students communication, a parent-child group using music to strengthen relationships and 'Encountering Wordsworth', a composition project inspired by Wordsworth's bicentennial.

The school were pleased to put on a performance in December for The Mayor of Kendal, Cllr Shirley Evans and Lynne Mayho, Chris Mayho's widow. Sandgate School's Business Manager Jon Owen said: "We're really grateful for this grant, which has enabled us to offer a suite of fantastic music projects for our students, and

to do so in partnership with the Cumbria Music Hub, Wordsworth Trust and Blue Jam Music."

Teacher Annie Ruscillo added: "Music is such a powerful medium, and we're seeing our student's communication come on in leaps and bounds as a result of them participating. It was great to be able to give the Mayor, Cllr Evans and Lynne a glimpse of how we've been able to offer musical experiences to Sandgate's students that are not only enjoyable, but also transformative."

## Freedom to travel for less for children & young people in South Lakeland



The A2BNoW card is the reduced fare bus travel card, provided by Cumbria County Council.

If you are aged 5 - 18 and live in South Lakeland you can travel on local buses for up to £1.80 for a single journey or £3.00 return so whatever you're into the A2B card can get you there.

### Where can I use it?

Use your A2B card on any journey in South Lakeland. You can also use your card to check out Penrith, Keswick, Barrow, Kirkby Stephen and Lancaster and all stops on these routes for the same bargain price, as long as your journey starts in South Lakeland.

### When can I use it?

The card can be used anytime, except on school days before 9:30am and between 3pm and 5pm. At these times you will be charged the normal bus fare.

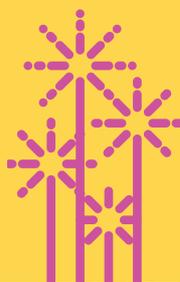
### How much is the card?

The card costs £7.50. The scheme and charges are reviewed annually in March.

### How do I apply?

Get an application form by dropping in to your local library or going online at [cumbria.gov.uk/A2BNoW](http://cumbria.gov.uk/A2BNoW)

# Kendal Unity Festival 2020



Kendal is set to host its fourth annual walking festival!



This year's event will take place from Friday 8th to Monday 11th May 2020. It's a great excuse to meet up with friends from near or far, so save the date and invite others to join you for the weekend.

As locals we know Kendal makes a superb base for those who enjoy walking, and Kendal Walking Festival celebrates the beautiful scenery which surrounds the town. It benefits from its unique location with easy access to both the Lake District National Park and the Yorkshire Dales National Park, each of which offer a wide variety of walking experiences. But let's not forget, Kendal is also a fabulous place to end a walk, with numerous coffee shops, cafes and pubs in which to relax and recharge.

There are two new exciting events for 2020! Look out for more information about our **Sunset Walk from Kendal to Scout Scar on Saturday 9th May** and our **film evening on Sunday 10th May**.

Find out more at [kendalwalkingfestival.co.uk](http://kendalwalkingfestival.co.uk) or follow us on Facebook.

AWAZ Cumbria, South Lakeland Equality and Diversity partnership, Cumbria Development Education Centre (CDEC), Manna House, South Lakes Housing, Kendal BID, Kendal Town Council and other partners invite you to take part in the Kendal Unity Festival on Saturday 20th June 2020.

The main programme will take place between 10am and 4pm in Abbot Hall Park and a range of locations around Kendal town centre, with complementary world music performances and entertainment taking place at the Birdcage, in the nearby Brewery Arts Centre and other venues. The line-up will also include an international coffee morning and a range of arts and cultural activities and workshops.



The Festival celebrates the strengths and diversity of the people of Kendal by building community cohesion, celebrating diversity, fostering good relations and promoting understanding between and within its diverse communities.

Please visit [cumbriaunity.org](http://cumbriaunity.org) for further information or search 'Kendal Unity Festival' on YouTube to watch videos of previous events.

## 2020 festival dates for your diary

**Kendal Walking Festival**  
[kendalwalkingfestival.co.uk](http://kendalwalkingfestival.co.uk)  
**8th - 11th May**

**Kendal Poetry Festival**  
[kendalpoetryfestival.co.uk](http://kendalpoetryfestival.co.uk)  
**18th - 21st June**

**Kendal Unity Festival**  
[cumbriaunity.org](http://cumbriaunity.org)  
**20th June**

**Wordsworth Commemoration Concert**  
[cumbriafestivalchorus.uk](http://cumbriafestivalchorus.uk)  
**11th July**

**Cumbria Opera Festival**  
[cumbriaoperagroup.com](http://cumbriaoperagroup.com)  
**5th-12th September**

**Kendal Torchlight Carnival 50th Procession**  
[kendaltorchlightcarnival.co.uk](http://kendaltorchlightcarnival.co.uk)  
**25th September**

**Kendal Torchlight Carnival Street Party**  
[kendaltorchlightcarnival.co.uk](http://kendaltorchlightcarnival.co.uk)  
**26th September**

**Lakes International Comic Art Festival**  
[comcartfestival.com](http://comcartfestival.com)  
**9th - 11th October**

**Kendal Wool Gathering**  
(at Kendal Leisure Centre)  
[kendalwoolgathering.co.uk](http://kendalwoolgathering.co.uk)  
**24th and 25th October**

**Skies Aight 2020**  
[kendalrugby.co.uk](http://kendalrugby.co.uk)  
**November**

**Kendal Mountain Festival**  
[kendalmountainfestival.com](http://kendalmountainfestival.com)  
**19th - 22nd November**



[www.kendaltowncouncil.gov.uk](http://www.kendaltowncouncil.gov.uk) | 01539 793490

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